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Community Alert

[Milk provides nutrients not excess weight in children, adolescents](#) has been added in Group Discussions in [Dairy Foods](#).

As the debate over flavored milk in schools rages on, this might be interesting.

Milk Provides Necessary Nutrients Without Adversely Impacting Body Weight in Children and Adolescents

Scientific evidence indicates the consumption of milk and milk products does not adversely affect body weight or body composition in children and adolescents.

<http://www.usdairy.com/DairyResearchInstitute/Pages/InsiteAprilMainPage.aspx#nutrition1>

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